

Coastal Virginia Community Rowing (CVCR) Athlete Code of Conduct

CVCR expects a high standard of behavior from all of our athletes. We are committed to providing a safe and positive environment for athletes and coaches. The following guidelines set out the minimum expectations while an athlete is participating in any CVCR activities (at our rowing site, at a regatta, or at any CVCR event).

1. I represent my coaches, all members of CVCR, my family, and myself at all times.
2. I will demonstrate good sportsmanship and respect towards my teammates, my opponents, my coaches, other team coaches, parents, regatta staff, and officials both on and off the water. I will use appropriate language and show respect in my actions and words to all regardless of gender, race, creed, or socio-economic status.
3. I will respect CVCR property and equipment, as well as the property and equipment of others. I understand that I am financially responsible for any deliberate damage caused by disobeying this rule.
4. I will accept the decisions and instructions of my coaches. My attendance is a vital part of my success and I will immediately notify my coach when unavoidable circumstances prevent me from attending a practice or regatta.
5. I understand that conduct which results in harm, potential harm, or the imminent threat of harm (including bullying, cyber bullying, hazing, sexual harassment, emotional misconduct, or physical misconduct) will not be tolerated and can be grounds for immediate dismissal as well as reported to the appropriate authorities.

Depending on the severity and the nature of the above violations, athletes may be suspended temporarily or permanently removed from the rowing program, races, and other team events. Before such action would be taken, a conference would be held with the athlete, their parent(s), the Head Coach, other CVCR board members if deemed necessary, and parent chaperones if applicable to the incident. After consultation, enforcement and final authority of such enforcement rests with the Head Coach under advisement with the CVCR board.

6. I understand and agree to adhere to CVCR's **zero-tolerance policy** regarding the use of controlled substances. This includes but is not limited to possession of alcohol, illegal drugs, tobacco products, nicotine vapor products and hemp products. Any athlete caught illegally using a controlled substance will be removed from the team and forfeit any paid fees.
7. Weapons of any sort (knives, guns, explosives, etc.) are also a part of our **zero-tolerance policy** and the athlete will be removed from the team and forfeit any paid fees.

If an athlete, parent, coach or volunteer chooses to report a violation of the Code of Conduct, it should be reported directly to the Head Coach.

I have read and understand what is expected of me as a member of the Coastal Virginia Community Rowing (CVCR) club, and will abide by the Athlete Code of Conduct. I understand that violations of this policy may affect my (my child's) ability to participate in CVCR programs and activities.

Student-Athlete Name (Please Print)

Parent Name (Please Print)

Student-Athlete Signature

Parent Signature

Date

Date